



WELL NESS CONSULTS

**WITH THE AU
WELLNESS CENTER**

Meet with Abby Wolfe, MPH to assess your needs
and develop a self-care action plan!

WEDNESDAY, MARCH 21ST // 11 AM TO 2 PM
BOOK YOUR 30 MIN. APPOINTMENT HERE:
**[HTTPS://CALENDLY.COM/WOLFE-1/WCL-
WELLNESS-CONSULT/03-21-2018](https://calendly.com/wolfe-1/wcl-wellness-consult/03-21-2018)**